

Cooked Sage & Onion Stuffing Balls (Aunt Bessie's)

Pack Size: 6 X 25

Product Description:

A stuffing ball comprising of rusks seasoned with sage, onion and black pepper. The product is formed into a ball shape, then frozen. Suitable for sandwiches, fillings, accompanying main course meals, etc. -Each stuffing ball is approx. 26g each.

Brand: Aunt Bessie's



Ingredient Declaration: WHEAT Flour, Water, Onion, Palm Oil, Yeast, WHEAT Bran, Salt, WHEAT Fibre, Rapeseed Oil, Sage, Parsley, Raising Agent (Sodium Bicarbonate), Calcium Carbonate, Black Pepper, Niacin, Iron, Folic Acid, Thiamin.

Allergens:

NOT APPLICABLE	N/A
CONTAINS	Cereal, Gluten

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Diet Suitability:

NOT APPLICABLE	N/A
SUITABLE FOR	Vegetarians

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	238 kcal / 1002 kJ
Fat	5.7 g
of which Saturates	2.2 g
Carbohydrate	40 g
of which Sugars	1.8 g
Fibre	3.9 g
Protein	4.7 g
Salt	1.3 g

Directions For Use:

To oven cook: COOK FROM FROZEN, for a crisp stuffing ball, preheat the oven 180°C, 350°C, Gas 4 20-25mins. For a crisp stuffing ball, preheat oven and remove all packaging. Place stuffing balls on a baking tray in the middle of the oven, Cook

for 25minutes. To microwave: for a softer stuffing, place 4 stuffing balls on a suitable plate, Place in the Microwave and heat on high power (100%), For microwave ovens with a heating capacity or oven wattage select appropriate time(s) from the table below: 750W D 1 3/4 minutes stand for 2 minutes. 850W E 1 1/2 minutes stand for 2minutes. As microwave ovens vary these cooking instructions are a guide only. When heating different numbers of stuffing balls or using ovens of different power, heating time should be adjusted accordingly.

Storage Instructions: Keep Frozen

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.