

Apple Gyozas (Ajinomoto)

Pack Size: 12 X 400G

Product Description:

Half-moon shaped sweet Japanese-style dumplings with an apple and vanilla filling. These are a sweet twist on classic gyozas and are the perfect dessert when served with vanilla ice cream. Each bite size gyoza is approx. 20g each and packed 20 pieces per bag.

Brand: Ajinomoto



Ingredient Declaration: Apple Filling (Apple (54.6%), Sugar, Modified Starch, Acidity Regulator (E330), Antioxidant (E300), Preservative (E202)), WHEAT Flour, Water, Vanilla Flavour Sugar (Sugar, Flavouring), WHEAT GLUTEN, Salt, Starch, Vanilla Powder.

Allergens:

NOT APPLICABLE N/A

CONTAINS Cereal, Gluten

MAY CONTAIN Celery, Crustaceans, Eggs, Sesame, Soya

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Diet Suitability:

NOT APPLICABLE N/A

SUITABLE FOR Vegetarians, Vegan

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	138 kcal / 586 kJ
Fat	0.3 g
of which Saturates	0.1 g
Carbohydrate	30 g
of which Sugars	12 g
Fibre	1.9 g
Protein	3.1 g
Salt	0.3 g

Directions For Use:

From Frozen unless otherwise stated Deep Fry: Fry at 170°C - 180°C for about 2 minutes 30 seconds. For best results, cook from frozen. *Pan fry: Pour 1 tablespoon

of oil into a frying pan and heat. Add frozen product and fry for 2 minutes. Then pour 1 cup of water (about 60ml) into the pan. Boil for 2 minutes with lid. Take the lid off and boil again for 1 minute until the water boils away.

Storage Instructions: Keep Frozen. Store at -18°C or below

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.