

Mashed Potato (Aviko)

Pack Size: 4 X 2.5KG

Product Description:

Aviko Mashed Potato is a frozen mash made from potato pellets, designed for quick preparation in busy kitchens, easy to scoop and portion. Mashed potatoes are excellent alongside various classic meat or fish dishes. -Suitable for gluten-free and vegetarian diets.

Brand: Aviko



Ingredient Declaration: Potatoes, water, palm oil, whey powder (MILK), LACTOSE, MILK protein, butter oil (MILK), natural flavouring, salt, dextrose, MILK powder, onion powder, spices.

Allergens:

NOT APPLICABLE	N/A
CONTAINS	Milk

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	No	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Diet Suitability:

NOT APPLICABLE	N/A
SUITABLE FOR	Vegetarians

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	85 kcal / 350 kJ
Fat	1.5 g
of which Saturates	1 g
Carbohydrate	15 g
of which Sugars	1 g
Fibre	2 g
Protein	1.5 g
Salt	0.25 g

Directions For Use:

Cook from frozen. Combisteamer: 120°C, 50% steam, 12 min. Microwave: 500g, 1350W, 4 min. High speed cooker: 2500g, 100°C, 1 bar, 2 min. Appliances may vary; the above methods of preparation are guidelines only.

Max. -18°C.

Storage Instructions:

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.