

Samphire (fresh)

Pack Size: 80G PACKET

Product Description:

Marsh samphire has vibrant green stalks, similar to baby asparagus, with a distinctively crisp and salty taste. It can be used raw in salad, though it tends to be very salty so it is more often boiled or steamed for a few minutes.



Ingredient Declaration:

Allergens:

NOT APPLICABLE

N/A

Additional Allergen Information:

Barley

Oats

Rye

Wheat (including Spelt and Khorasan)

Almond nuts

Brazil nuts

Cashew nuts

Hazelnuts

Macadamia

(Queensland) nuts

Pecan nuts

Pistachio nuts

Walnuts

Diet Suitability:

NOT APPLICABLE

N/A

Nutritional Information:

Nutrient

per 100g/ml

Energy (kJ/kcal)

Fat

of which Saturates

Carbohydrate

of which Sugars

Fibre

Protein

Salt

Directions For Use:

Storage Instructions:

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.