

Vegetable Kiev (Kitchen Range)

Pack Size: 12 X 125G

Product Description:

A blend of vegetables filled with a creamy garlic sauce and breaded.

Brand: Kitchen Range



Ingredient Declaration: Vegetables (36%) (Carrot, Green Beans, Cauliflower, Sweetcorn), Water, Breadcrumbs (16%) [Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt, Flour Treatment Agent (Ascorbic Acid), Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids)], Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Dehydrated Potato, Sunflower Oil, Single Cream (MILK), Full Fat Soft Cheese (2%) (Cream (MILK), Water, MILK Protein Powder, Salt, Starter Culture), Rapeseed Oil, Modified Maize Starch, Garlic Puree, Salt, Thickeners (Hydroxypropyl Methyl Cellulose, Guar Gum), Parsley, WHEAT Starch, Flavouring, Maltodextrin, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Sugar, Stabiliser (Xanthan Gum), Yeast Extract, Raising Agent (Sodium Carbonates), Carrot Powder, Onion Powder, Spices (Black Pepper, Turmeric), Colour (Paprika Extract), Acid (Citric Acid).

Allergens:

| | |
|----------------|----------------------|
| NOT APPLICABLE | N/A |
| CONTAINS | Cereal, Gluten, Milk |

Additional Allergen Information:

| | | | |
|---|-----|------------------------------------|----|
| Barley | No | Almond nuts | No |
| Oats | No | Brazil nuts | No |
| Rye | No | Cashew nuts | No |
| Wheat (including Spelt and Khorasan) | Yes | Hazelnuts | No |
| | | Macadamia (Queensland) nuts | No |
| | | Pecan nuts | No |
| | | Pistachio nuts | No |
| | | Walnuts | No |

Diet Suitability:

| | |
|----------------|--------------------|
| NOT APPLICABLE | N/A |
| SUITABLE FOR | Halal, Vegetarians |

Nutritional Information:

| Nutrient | per 100g/ml |
|-------------------------|-------------------|
| Energy (kJ/kcal) | 229 kcal / 957 kJ |
| Fat | 12.9 g |
| | 1.8 g |

of which Saturates

Carbohydrate 26.9 g

of which Sugars 2.2 g

Fibre 3 g

Protein 2.9 g

Salt 0.52 g

Directions For Use: From Frozen unless otherwise stated Oven: Pre-heat oven to 220°C/430°F/Gas Mark 7. Place on a baking tray and cook for 20-22 minutes. Deep Fry: Pre-heat oil to 180°C/350°F and deep fry (flat side up) for 9 minutes. Drain well before serving. Ensure Vegetable Kievs are piping hot throughout before serving.

Storage Instructions: Keep Frozen. Store at -18°C or below

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.