

Crispy Muesli with Fruit, Nuts & Seeds (Mornflake)

Pack Size: 7 X 750G

Product Description:

This muesli is a five fruit, nut & seed blend. Signature oats and cereals are gently blended with juicy Chilean flame raisins, dates, apricots, apple, coconut, mixed nuts and seeds. As if it wasn't irresistible enough roasted nuts, seeds and toasted coconut are added to the mix for an even more sensational breakfast experience. It's just so deliciously crispy.

Brand: Mornflake



Ingredient Declaration: Mixed Dried Fruits, Nuts & Seeds (50%) [Flame Raisins (16%), Sultanas, Dried Dates (4%), HAZELNUTS (3.5%), ALMONDS (3.5%), Pumpkin Seeds (3.5%), Dried Apricot (2%) (contains Preservative SULPHUR DIOXIDE), Sunflower Seeds, Dried Apple (1.5%), Coconut], Toasted WHEAT FLAKES, OATFLAKES (15%), BARLEY Flakes.

Allergens:

NOT APPLICABLE N/A

CONTAINS

Cereal, Gluten, Nuts, Sulphur Dioxide

MAY CONTAIN

Milk

Additional Allergen Information:

Barley	Yes	Almond nuts	Yes
Oats	Yes	Brazil nuts	May Contain
Rye	No	Cashew nuts	May Contain
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	Yes
		Macadamia (Queensland) nuts	No
		Pecan nuts	May Contain
		Pistachio nuts	May Contain
		Walnuts	No

Diet Suitability:

NOT APPLICABLE

N/A

SUITABLE FOR

Vegetarians, Vegan

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	377 kcal / 1585 kJ
Fat	10.1 g
of which Saturates	1.9 g
	57.8 g

Carbohydrate	
of which Sugars	24.4 g
Fibre	7.8 g
Protein	9.8 g
Salt	0.03 g

Directions For Use:

Storage Instructions: Store in a cool dry place away from strong odours.

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.