

# Bistro Rump Fillet Steaks

**Pack Size:** X KILO \*

## Product Description:

Bistro steaks from the centre of the D Rump. Cut to order. Rump steak can be grilled or fried, served plain or with a sauce such as peppercorn, red wine or mushroom. It's also ideal for making kebabs, quick and easy \*This product is sold by weight (X KILO). Please clearly describe what you require by clicking the 'Add message' speech bubble instead of amending the quantity.

**Brand:** Pioneer Quality Meats



**Ingredient Declaration:** Beef

## Allergens:

NOT APPLICABLE N/A

## Additional Allergen Information:

<b>Barley</b>	No	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	No	<b>Hazelnuts</b>	No
		<b>Macadamia (Queensland) nuts</b>	No
		<b>Pecan nuts</b>	No
		<b>Pistachio nuts</b>	No
		<b>Walnuts</b>	No

## Diet Suitability:

NOT APPLICABLE N/A

## Nutritional Information:

<b>Nutrient</b>	<b>per 100g/ml</b>
<b>Energy (kJ/kcal)</b>	213 kcal / 882 kJ
<b>Fat</b>	15 g
<b>of which Saturates</b>	6.5 g
<b>Carbohydrate</b>	0.5 g
<b>of which Sugars</b>	0.5 g
<b>Fibre</b>	No Data
<b>Protein</b>	20 g
<b>Salt</b>	0.16 g

## Directions For Use:

Ensure the product is fully cooked before consumption.

## Storage Instructions:

Store at <4°C

## Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please

check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.