

300901C



# Short Crust Pastry Mix (McDougalls)

**Pack Size:** 4 X 3.5KG

**Product Description:**

An easy to use product which creates great smooth pastry every time.

**Brand:** McDougalls



**Ingredient Declaration:** Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Raising Agents (E341, E500), Malted Barley Flour.

**Allergens:**

NOT APPLICABLE	N/A
CONTAINS	Cereal, Gluten
MAY CONTAIN	Eggs, Milk, Soya

**Additional Allergen Information:**

<b>Barley</b>	Yes	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	Yes	<b>Hazelnuts</b>	No
		<b>Macadamia (Queensland) nuts</b>	No
		<b>Pecan nuts</b>	No
		<b>Pistachio nuts</b>	No
		<b>Walnuts</b>	No

**Diet Suitability:**

NOT APPLICABLE	N/A
SUITABLE FOR	Vegetarians

**Nutritional Information:**

Nutrient	per 100g/ml
<b>Energy (kJ/kcal)</b>	473 kcal / 1979 kJ
<b>Fat</b>	25.6 g
<b>of which Saturates</b>	13.2 g
<b>Carbohydrate</b>	51.7 g
<b>of which Sugars</b>	0.5 g
<b>Fibre</b>	2.6 g
<b>Protein</b>	7.7 g
<b>Salt</b>	0.56 g

**Directions For Use:**

Yield Guide Dry mix - 1kg / Approx water - 330ml / Approx portions 57g/2oz - 23 Dry mix - Whole Bag 3.5kg / Approx water - 1.16L / Approx portions 57g/2oz - 81 Dry mix - 1lb / Approx water - 5fl oz / Approx portions 57g/2oz - 12 Dry mix - Whole Bag 7lb 11oz / Approx water -2pt 4fl oz / Approx portions 57g/2oz - 81 Make-up instructions

1. Place the weighed out McDougalls Shortcrust Pastry Mix into a mixing bowl. Select the beater attachment. 2. Blend on SLOW speed, slowly adding the water until a dough is formed. DO NOT OVER MIX. Leave to rest for 10 minutes. 3. Roll out pastry to 3mm (1/8") thickness and use as required. Bake at 190°C/375°F/Gas Mark 5 for 20-30 minutes. For fan-assisted ovens bake at 170°C/325°F/Gas Mark 4.

**Storage Instructions:** Store in a cool dry place.

**Shelf Life Once Open:**

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.