

SKU: 207056C

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Pollock Fillets 200-230g (Arctic Royal)

Pack Size: 1 X 18

Product Description:

Premium-quality pollock, individually quick frozen to lock in freshness, flavour, and texture. - Each fillet is approx. 200-230g (160-184g without the protective ice glaze) - Skinless & boneless, and IQF. - MSC certified, ensuring responsible sourcing from sustainable fisheries.

Brand: Arctic Royal



Ingredient Declaration: Pollock (Fish) (Theragra chalcogramma).

Allergens:

NOT APPLICABLE

N/A

CONTAINS

Fish

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	No	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Directions For Use:

Oven bake (from frozen): Pre-heat oven to 200°C/180°C Fan/ Gas mark 6. Place fillets on foil, dot with butter and season with salt and pepper to taste. Wrap loosely in foil and place on baking tray in the centre of the oven. Bake for 20-25 minutes or un

Storage Instructions: Keep Frozen at -18°C or below.

Shelf Life Once Open: 1 Days

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.