

Prawn Gyoza (Ajinomoto)

Pack Size: 10 X 600G

Product Description:

Half-moon shaped, authentic Japanese-style dumplings made with a beetroot infused pastry and filled with a tasty prawn, vegetable and mushroom filling. This versatile product can be steamed, boiled, deep fried or pan fried. The gyozas are approx. 20g each, with 30 pieces per bag.

Brand: Ajinomoto



Ingredient Declaration: Shelled SHRIMP (26%) (CRUSTACEANS)(White leg SHRIMP Penaeus Vannamei (20%), Water, Salt, Stabilisers (E451, E452)), WHEAT Flour, Cabbage, Water, Potato Starch, Rapeseed Oil, Carrot, Bread Crumbs (WHEAT Flour, Salt, Yeast), Mushroom (Agaricus bisporus), SESAME Oil, Sugar, Salt, White EGG Powder, WHEAT GLUTEN, Beetroot Powder (0.1%), Ginger Powder, Black Pepper, Natural Flavouring.

Allergens:

NOT APPLICABLE N/A

CONTAINS

Cereal, Crustaceans, Eggs, Gluten, Sesame

MAY CONTAIN

Celery, Soya

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Diet Suitability:

NOT APPLICABLE

N/A

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	171 kcal / 719 kJ
Fat	5.4 g
of which Saturates	0.5 g
Carbohydrate	24 g
of which Sugars	4.2 g
Fibre	0.9 g
Protein	6.1 g
Salt	0.98 g

From Frozen unless otherwise stated Deep Fry: Fry at 170°C - 180°C for about 3

Directions For Use: minutes 30 seconds. For best results, cook from frozen. *Pan Fry - Pour 1 tablespoon of oil into a frying pan and heat. Add frozen product, pour 60 mL (4 tbsp) of water into the pan, and boil for 4 minutes with lid. Take the lid off and fry/boil for 1 minute until the water boils away. *Boil - Boil for about 4 minutes 30 seconds into simmering water. *Steam- Steam at 100°C for about 5 minutes

Storage Instructions: Keep Frozen. Store at -18°C or below

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.