

Lamb & Mint Pasty (Proper Cornish)

Pack Size: 20 X 283G

Product Description:

Minced lamb mixed with fresh potato, onion, and swede, flavoured with mint and encased in a pre-glazed, hand crimped pastry case.

Brand: Proper Cornish



Ingredient Declaration: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potato, Lamb (13%), Water, Vegetable Margarine (Vegetable Oils And Fats [Palm], Water, Salt, Lemon Juice), Swede, Onion, White Shortening (Vegetable Oils And Fats [Palm, Rapeseed], Water, Salt, Lemon Juice), Mint Sauce (1%) (Water, Reconstituted Dried Mint, Sugar, Acidity Regulator (Acetic Acid), Salt, Modified Maize Starch, Stabilisers (Guer Gum, Xanthan Gum), Colour (Copper Chlorophyllin), Flavouring), Salt, Cornflour, Glaze (MILK Protein, Dextrose, Vegetable Oil), Black Pepper, Dried Mint

Allergens:

NOT APPLICABLE	N/A
CONTAINS	Cereal, Gluten, Milk

Additional Allergen Information:


Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
		Macadamia (Queensland) nuts	No
		Pecan nuts	No
		Pistachio nuts	No
		Walnuts	No

Diet Suitability:

NOT APPLICABLE	N/A
----------------	-----

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	245 kcal / 1026 kJ
Fat	13.3 g
of which Saturates	7 g
Carbohydrate	26.9 g
of which Sugars	1.5 g
Fibre	1.7 g
Protein	5.4 g
Salt	0.94 g

Always cook from frozen. Oven  Arrange frozen products on a baking tray and place

Directions For Use: into a pre-heated fan oven at 180 C/Gas mark 6. Bake for approximately 45-55 minutes until golden brown. Ensure a core temperature of >80°C is obtained before serving. (Adjustments may need to be made to suit particular ovens, see manufacturer's handbook for best results).

Storage Instructions: Keep frozen, store at -18 C. Do not defrost. Always cook before eating. Use within durability date. Handle boxes with care. Do not stack boxes more than 12 high

Shelf Life Once Open: 0 Days

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.