

# Ziggy Fries (Lamb Weston)

**Pack Size:** 4 X 2.5KG

**Product Description:**

Looking similar to crinkle cut chips, these Ziggy Fries keep their crisp, even when they cool down.

**Brand:** Lamb Weston



**Ingredient Declaration:** Potatoes (87%), Coating (7%)[Modified potato starch, Rice flour, Potato starch, Salt, Raising agents (E450i, E500ii), Thickener (E415), Spice extract (Turmeric), Dextrose], Vegetable oils (Sunflower, Rapeseed, In varying proportions)(6%), Dextrose.

**Allergens:**

NOT APPLICABLE N/A

**Additional Allergen Information:**

<b>Barley</b>	No	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	No	<b>Hazelnuts</b>	No
		<b>Macadamia (Queensland) nuts</b>	No
		<b>Pecan nuts</b>	No
		<b>Pistachio nuts</b>	No
		<b>Walnuts</b>	No

**Diet Suitability:**

NOT APPLICABLE N/A  
SUITABLE FOR Halal, Vegetarians, Vegan

**Nutritional Information:**

<b>Nutrient</b>	<b>per 100g/ml</b>
<b>Energy (kJ/kcal)</b>	161 kcal / 677 kJ
<b>Fat</b>	6.3 g
<b>of which Saturates</b>	0.7 g
<b>Carbohydrate</b>	23 g
<b>of which Sugars</b>	0.5 g
<b>Fibre</b>	2.7 g
<b>Protein</b>	2.3 g
<b>Salt</b>	0.55 g

**Directions For Use:**

Fryer: fry for 2:30 min. at 175°C . Fry or bake products until crispy. Oven: cook for 8-10 min. at 200°C. Turn product halfway cooking time. Cook from frozen. Do not overcook.

Deep-frozen(-18°C): see print on pack. Do not refreeze once thawed.

**Storage Instructions:**

**Shelf Life Once Open:**

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.