

# Cumberland Rings (Blakemans)

**Pack Size:** 4 X 1.135K

**Product Description:**

A flavourful sausage with a smooth texture. These rings are a classic Cumberland flavour, formed in a traditional ring shape.

**Brand:** Blakemans



**Ingredient Declaration:** Pork (50%), Water, Rusk (Contains WHEAT Flour, fortified with Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), Pork Fat, Potato Starch, SOYA Protein Isolate, Salt, Sugar, Spices (White Pepper, Nutmeg, Ginger, Mace, Black Pepper), Herb (Parsley, Sage), Stabilisers (E450(iii), (E451)), Dextrose, Flavourings, Yeast Extract, Preservative (Sodium MetibiSULPHITE), Spice Extracts, Antioxidant (E300).

**Allergens:**

NOT APPLICABLE N/A

**CONTAINS**

Cereal, Gluten, Sulphur Dioxide,  
Soya

**Additional Allergen Information:**

<b>Barley</b>	No	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	Yes	<b>Hazelnuts</b>	No
		<b>Macadamia (Queensland) nuts</b>	No
		<b>Pecan nuts</b>	No
		<b>Pistachio nuts</b>	No
		<b>Walnuts</b>	No

**Diet Suitability:**

NOT APPLICABLE

N/A

**Nutritional Information:**

<b>Nutrient</b>	<b>per 100g/ml</b>
<b>Energy (kJ/kcal)</b>	278 kcal / 1156 kJ
<b>Fat</b>	22.35 g
<b>of which Saturates</b>	8.42 g
<b>Carbohydrate</b>	6.3 g
<b>of which Sugars</b>	1.4 g
<b>Fibre</b>	1.35 g
<b>Protein</b>	17.7 g
<b>Salt</b>	1.49 g

**Directions For Use:**

For best results cook from frozen in a pre-heated oven at 200°C/gas mark 5. Place the product on a baking tray and cook for approximately 20-25 minutes until thoroughly

cooked before serving. fan ovens will vary and reduce cooking times and temperature appropriately.

**Storage Instructions:** Keep frozen at -18°C

**Shelf Life Once Open:**

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.