

# Salmon Fish Fingers (Green Gourmet)

**Pack Size:** 100 X 30G

**Product Description:**

Responsibly sourced wild salmon fillet in a unique breaded coating, free from wheat, gluten and dairy.

**Brand:** Green Gourmet



**Ingredient Declaration:** Salmon (*Oncorhynchus* spp) (50%)(FISH), Rice Flour, Water, Maize Flour, Sunflower Oil, Modified Starch, Maize Starch, Stabiliser (Methylcellulose), Dextrose, Vegetable Fibre (Bamboo), Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Raising Agents (Sodium Carbonates, Diphosphates)

**Allergens:**

NOT APPLICABLE	N/A
CONTAINS	Fish

**Additional Allergen Information:**

<b>Barley</b>	No	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	No	<b>Hazelnuts</b>	No
		<b>Macadamia (Queensland) nuts</b>	No
		<b>Pecan nuts</b>	No
		<b>Pistachio nuts</b>	No
		<b>Walnuts</b>	No

**Diet Suitability:**

NOT APPLICABLE	N/A
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**Nutritional Information:**

Nutrient	per 100g/ml
<b>Energy (kJ/kcal)</b>	218 kcal / 913 kJ
<b>Fat</b>	9.1 g
<b>of which Saturates</b>	1 g
<b>Carbohydrate</b>	21.4 g
<b>of which Sugars</b>	0.3 g
<b>Fibre</b>	1.1 g
<b>Protein</b>	12 g
<b>Salt</b>	0.43 g

**Directions For Use:**

Cook from frozen on a lined baking tray for around 15-18 minutes (Gas 6/220°C/425°F; less for convection ovens). Check product is a minimum of 75°C (or to national standards) before serving. If storing in a hot cupboard, keep covered to prevent drying out.

**Storage Instructions:** Store below -18C. If allowed to defrost, do not refreeze. CAUTION: ALTHOUGH CARE HAS BEEN TAKEN TO REMOVE ALL BONES, SOME BONES MAY REMAIN.

**Shelf Life Once Open:**

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.