

Coated Whitebait (Sea Dragon)

Pack Size: 18 X 454G

Product Description:

Whole whitebait covered in fine breadcrumbs. Perfect served with tartare sauce as a simple starter, or as part of a mixed sharing board. - Deep fry from frozen

Brand: Sea Dragon



Ingredient Declaration: Whitebait FISH (50%), Breadcrumbs (30%) [WHEAT flour , Salt, Yeast], Batter 20% [Water, WHEAT flour, Salt, Corn starch].

Allergens:

| | |
|----------------|----------------------|
| NOT APPLICABLE | N/A |
| CONTAINS | Cereal, Fish, Gluten |

Additional Allergen Information:

| | | | |
|---|-----|------------------------------------|----|
| Barley | No | Almond nuts | No |
| Oats | No | Brazil nuts | No |
| Rye | No | Cashew nuts | No |
| Wheat (including Spelt and Khorasan) | Yes | Hazelnuts | No |
| | | Macadamia (Queensland) nuts | No |
| | | Pecan nuts | No |
| | | Pistachio nuts | No |
| | | Walnuts | No |

Diet Suitability:

| | |
|----------------|-----|
| NOT APPLICABLE | N/A |
|----------------|-----|

Nutritional Information:

| Nutrient | per 100g/ml |
|---------------------------|-------------------|
| Energy (kJ/kcal) | 220 kcal / 917 kJ |
| Fat | 2.69 g |
| of which Saturates | 1.27 g |
| Carbohydrate | 36.2 g |
| of which Sugars | 1.19 g |
| Fibre | No Data |
| Protein | 12.63 g |
| Salt | 1.66 g |

Directions For Use:

This product is RAW. Ensure fully-cooked before consuming. IQF Blanchbait should be cooked from frozen. DIRECTLY FROM FROZEN! Deep-fry in well preheated oil at 180°C for 2-3minutes, or until golden brown.

Storage Instructions:

Keep Frozen at $\leq 18^{\circ}\text{C}$ or below. Do not refreeze if allowed to thaw.

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.