

Mini Quiche Selection (Frank Dale)

Pack Size: 4 X 12

Product Description:

A selection of traditional mini quiches (12 of each): tomato and basil; cheese, onion and chive; stilton and broccoli; mushroom and cheddar. All encased in stone-oven baked short crust pastry.

Brand: Frank Dale



Ingredient Declaration: Pastry Case (50%) Fortified WHEAT Flour (with Calcium, Iron, Niacin, Thiamine), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Acidity Regulators (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Natural Carotenes)), Vegetable Shortening (Palm Oil, Rapeseed Oil), Maize Flour, Water, Sea Salt, Tomato Puree. Tomato & Basil Filling (50%) Water, Mature Cheddar Cheese (10%) (MILK) (contains Natural Colour (Annatto Norbixin, Bixin)), Chopped Tomatoes (6%) (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), EGG, Onions, Whole MILK Powder, Sun-dried Tomato Mix (2%) (Water, Sun-dried Tomatoes, Rapeseed Oil, White Wine Vinegar, Salt, Garlic Puree, Oregano), Modified Maize Starch, Tomato Paste, Spinach, Potato Flake, Basil, Paprika, MUSTARD Powder. Cheese, Onion & Chive Filling (50%) Water, Onions (13%), Mature Cheddar Cheese (MILK) (contains Natural Colour (Annatto Norbixin, Bixin)), EGG, Modified Maize Starch, Whole MILK Powder, Chives (1%), Dijon MUSTARD (Water, MUSTARD Seeds, Spirit Vinegar, Salt), Potato Flake, Garlic, Sea Salt, MUSTARD Powder. Stilton & Broccoli Filling (50%) Water, Onions, Broccoli (7%), EGG, Mature Cheddar Cheese (MILK), (contains Natural Colour (Annatto Norbixin, Bixin)), Stilton Cheese (MILK) (5%), Modified Maize Starch, Whole MILK Powder, Potato Flake, Ruby Port, Sea Salt, MUSTARD Powder. Mushroom & Cheddar Filling (50%) Water, Woodland Mushroom Mix (11%) (Button Mushroom, Oyster Mushroom, Shiitake Mushroom, Pholiota nameko Mushroom), Mature Cheddar Cheese (7%) (MILK) (contains Natural Colour (Annatto Norbixin, Bixin)), EGG, Onions, Mushrooms (2%), Whole MILK Powder, Modified Maize Starch, Natural Mushroom Stock, Garlic Nuggets, Potato Flake, Dijon MUSTARD (Water, MUSTARD Seeds, Spirit Vinegar, Salt), Tarragon, Antioxidant (Ascorbic Acid), MUSTARD Powder.

Allergens:

NOT APPLICABLE N/A

CONTAINS Cereal, Eggs, Gluten, Milk, Mustard

Additional Allergen Information:

Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt)	Yes	Hazelnuts	No

and Khorasan)	Macadamia (Queensland) nuts	No
	Pecan nuts	No
	Pistachio nuts	No
	Walnuts	No

Diet Suitability:

NOT APPLICABLE	N/A
SUITABLE FOR	Vegetarians

Nutritional Information:

Nutrient	per 100g/ml
Energy (kJ/kcal)	289 kcal / 1212 kJ
Fat	18.4 g
of which Saturates	8.8 g
Carbohydrate	28.4 g
of which Sugars	2 g
Fibre	1.1 g
Protein	6.6 g
Salt	0.48 g

Directions For Use:

From Frozen unless otherwise stated
Oven: Remove from packaging. Place frozen product onto a baking tray. Place in a pre-heated oven at 200°C/180°C (Fan)/Gas Mark 6 for 10 - 14 mins. Ensure quiches are piping hot before serving. Ensure a core temperature of >75°C is achieved (or relevant national requirements) for at least 30 secs before serving. Do not reheat after cooking.
Thaw and serve: Simply arrange quiches on a platter whilst frozen. Leave to defrost overnight in the refrigerator. Once defrosted keep refrigerated and use within 3 days.

Storage Instructions:

Keep Frozen. Store at -18°C or below

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.